

Suggested Dance Moves

Bar No.	Words in Verse	Actions & Movements
Bar 1	Shuffle to the left	Step to the left, close right together and repeat.
Bar 2	Shuffle to the right	Step to the right, close left together and repeat.
Bar 3	Point your left foot forward and	Point left foot forward and back
Bar 4	do it with the right	Point right foot forward and back
Bar 5	Roll your shoulders	Roll your left shoulder around
Bar 6	round, it's outta	Roll your right shoulder around
Bar 7 - 10	sight	<i>Improvise on body for 4 bars</i>
Bar 11	Shimmy to the left	Step to the left, close right together and repeat shaking body at the same time
Bar 12	Shimmy to the right	Repeat to the right
Bar 13	Point your left hand forward and	Point left arm forward and back
Bar 14	do it with the right	Point right arm forward and back
Bar 15	Shake them all a -	Shake arms up and down
Bar 16	round, it's outta	Repeat
Bar 17 - 20	sight	<i>Improvise on body for 4 bars</i>

Bar No.	Words in Chorus	Actions & Movements
Bar 1	Put a little laughter in your	Take 4 steps forwards
Bar 2	life, a smile can add a	Take 4 steps backwards
Bar 3	twinkle to your	Touch eyes and put arms out to the side
Bar 4	eye	Repeat
Bar 5	Dance all through the	Raise arms above head and swing from side to side
Bar 6	day, and let there be	Repeat
Bar 7 - 9	mu - sic.	<i>Improvise on body for 4 bars</i>
Bar 10	Put a little	
Bar 11	feeling in your	Take 4 steps forwards
Bar 12	life, give someone a	Take 4 steps backwards
Bar 13	hug, and you'll feel	Cross arms over body and put arms out to the side
Bar 14	nice	Repeat
Bar 15	Sing all through the	Raise arms above head and swing from side to side
Bar 16	day, and let there be	Repeat
Bar 17 - 20	mu - sic	<i>Improvise on body for 4 bars</i>



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Instruments

1. There is still a place for another group - 'The instrumentalists'. Choose some friends to play the instruments. You will need a hi hat, cabassa or maraca to make a shaker sound and a snare drum or guiro to make a scraping sound. Do your best to find these types of sounds. You can make the instruments if you do not have them. You can also have more than two people playing these instruments.

Look at the music for these instruments:

The shaker sound will play a rhythm that goes with these words-

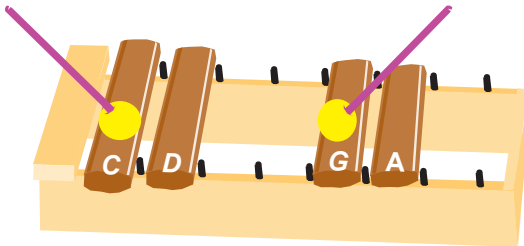
Shake	shake the	sha-	ker	shake	shake it	now	
taa	ti ti	taa	taa	taa	ti ti	taa	Z

The scraping sound will play on beats 2 and 4 all of the way through the verses and choruses with an extra scrape on the last beat 1. Listen for the music to give you your clue when you get to the end.

If you have an alto and bass xylophone, that's fantastic. If you don't, any tuned instrument can be used. The notes that will match the tune are:

C C C C | C C C C | G G G G | G G G G - This will work with all of the singing sections

A A A A | D D D D | G G G G | G G G G | G G G G | G G G G - This will work with the parts with no singing-including the introduction.



Each of the note names are beats in the music. When you know the order of the notes, try playing them with a different rhythm. Don't change the order of the notes, only the rhythm.